I-TAPS scale (Integrating Thoughts about Partners)

1. When I’m mad at my partner, I can’t think of anything good about him/her.\*
2. Even when my partner does something to hurt me, it is easy to remind myself of his or her positive attributes.
3. When my partner hurts me in some way, all positive thoughts about him or her ‘go out the window’.\*
4. I have more than one image or view of my partner.\*
5. Sometimes my partner seems like a saint, sometimes my partner seems rotten.\*
6. From day to day my views of my partner can shift from primarily good to primarily bad (and vice versa).\*
7. My partner can seem like one person one day and quite a different person on another day.\*
8. My views of my partner are pretty stable minute to minute, day to day, and month to month.
9. If you asked me to describe my partner today and then asked again tomorrow, my descriptions would be exactly the same.

NOTE: Each item is rated on a 5 point scale from “Definitely does not apply to me” to “Definitely does apply to me.” Items followed by an \* are reverse score and then ratings for all 10 items are summed for the final score.

This scale was originally published in:

Graham, S.M. & Clark, M.S. (2006). Self-esteem and organization of valenced

Information about others: The “Jekyll and Hyde”-ing of relationship partners.

*Journal of Personality and Social Psychology, 90*, 652-665.